Meeting Chat for 9-21-23 UIC Meeting on Mental Health Access and Resources

09:04:11 From Laura Radensky to Waiting Room Participants:

Good morning and welcome to Uptown Interagency Council Meeting on Accessing Mental Health Services. We will be starting the meeting at 9:15am and letting everyone in

09:20:12 From Adam Lippin to Everyone:

Hi I am Adam Lippin - Founder of https://www.hearme.app/ We connect Seniors with Empathetic Listeners to address loneliness and cognitive decline: Adam@hearme.app. Happy to be here.

09:40:00 From Laura Klein to Everyone:

https://www.cucs.org/our-story/

09:40:59 From america ortega to Everyone:

Veteran and First Responder geared services: T2T.org Housing, Employment, MH

09:41:06 From Annmarie Franco to Everyone:

VNSHeaelth- Free short term depression treatment for individuals 55+ Manhattan Geriatric Outreach Program- short term assessment and linkage services. -

09:41:18 From Annmarie Franco to Everyone:

Annmarie.franco@vnshealth.org

09:41:33 From Rochelle Friedlich to Everyone:

Fountain House Silver - peer club for those with those with persistent mental illness

09:42:19 From Annmarie Franco to Everyone:

Manhattan Geriatric Outreach Services are 65+

09:42:45 From David Rosenstrock to Everyone:

Dave Rosenstrock- Certified Financial Planner and the Director and Founder of Wharton Wealth Planning.  We work with aging parents and their families to help reduce stress and maximize financial security and freedom. We work on a wide range of financial planning areas including: retirement planning, investment portfolio reviews, tax planning, trust and estate planning, and budgeting and cash flow management. We are independent, fiduciary certified financial planners providing unbiased and conflict-free advice. We are always willing to work virtually to save clients' time. Podcast and media articles we contributed to can be found at https://whartonwealthplanning.com/ contact info: email: david@whartonwealthplanning.com | phone: 646 405-7021 | address: 3 Columbus Circle, Floor 15 New York, NY 10019

09:42:55 From Marcie S. Gitlin/Search and Care to Everyone:

Search and Care offers Talkin' It Out, a program of social engagement/supportive counselling...an opportunity for clients to discuss whatever's on their minds without the parameters of a formal psychotherapy session: please visit us at www.searchandcare.org.

09:43:10 From Maddy Alvarez to Everyone:

Maddy Alvarez (malvarez@sageusa.org), SAGE Caregivers Program- we support LGBTQ+ caregivers with referrals, advocacy, and supportive care management throughout our older adult centers. https://sageserves.org/care-management/

09:43:48 From Rochelle Friedlich to Everyone:

Fountain House Silver https://www.fountainhouse.org/services

09:44:06 From Naomi Goodhart - The Transition Network to Everyone:

The Caring Collaborative, a service provided exclusively to members of our TTN-NYC chapter, is based on the premise that most of us are determined to remain independent. Go to ttnwomen.org.

09:51:37 From Marisa Petsakos to Everyone:

https://www.mountsinai.org/about/newsroom/2023/mount-sinai-creates-transformational-new-model-of-behavioral-health-care-with-new-state-of-the-art-one-hundred-forty-million-center

10:10:03 From Teresa Theophano (she/her), SPOP to Everyone:

For referrals and info about SPOP: 212-787-7120 x514. My info: ttheophano@spop.org

10:10:10 From Lorese Phillips to Everyone:

Thank you for the wonderful presentation. Can we get a copy of Teresa's power point?

10:10:34 From Nick Spontak to Everyone:

Integrity Social Work Services referrals can be made by calling our office # 800-277-4680. Or on our website:

https://www.integrityseniorservices.com/

10:11:54 From Judy Ribnick (CBST - She/her) to Everyone:

Can you give us a typical profile so someone who uses the PROS program so that we can make an appropriate referral? Thank you

10:12:10 From Teresa Theophano (she/her), SPOP to Everyone:

Here's a list of our locations: https://spop.org/getting-care/where-you-can-find-us/

10:17:48 From Ronald Bruno to Everyone:

How do you make a referral to Integrity?

10:19:03 From Jocelyn Meinhardt to Laura Radensky(Direct Message):

I see two raised hands that have been up, just FYI, Marcie first, then Rochelle

10:19:23 From Laura Radensky to Jocelyn Meinhardt(Direct Message):

Reacted to "I see two raised han..." with 👍

10:19:31 From Nick Spontak to Everyone:

Anyone can make a referral to Integrity by calling 800-277-4680.

10:20:02 From Nick Spontak to Everyone:

integrityseniorservices.com

10:22:12 From Kathy Blanco, Alighieri Care Management to Everyone:

Alighieri Care Management is hosting a Greet and Meet Networking event on Wednesday Sep 27, 2023 5 pm to 7 pm at BXL Zoute Restaurant, Back room at 50 West 22nd st. New York

Everyone is invited.

10:22:37 From Jocelyn Meinhardt to Everyone:

Reacted to "Alighieri Care Manag..." with 👍

10:23:04 From Kathy Blanco, Alighieri Care Management to Everyone:

For any questions feel free to reach out to Kathy.Blanco@thekey.com

10:25:04 From Teresa Theophano (she/her), SPOP to Everyone:

I should have mentioned--we can also provide therapy to clients who want to continue seeing an outside psychiatrist rather than getting med management through us. It's not a conflict, although we do need clients to work with just one therapist.

10:26:27 From Carolyn Stern CHC (Center for Hearing and Communication) to Everyone:

Center for Hearing and Communication (CHC) provides mental health services (individual and family counseling and groups) for people living with hearing loss or deafness. All of the mental health practitioners work with all modes of communication - speaking, lipreading and ASL (All practitioners are fluent in American Sign Language). For referrals, reach out to Jeff Wax at 917-305-7739 or jwax@chchearing.org

10:29:24 From Teresa Theophano (she/her), SPOP to Everyone:

One last thing I want to mention--we also encourage folks to call 988, formerly NYC Well, if they need to talk to someone ASAP.

10:29:35 From Lorese Phillips to Everyone:

Would it be possible to get a copy of Teresa's presentation?

10:29:54 From Teresa Theophano (she/her), SPOP to Everyone:

I'm happy to share a PDF of the info I presented!

10:30:20 From Judy Ribnick (CBST - She/her) to Laura Radensky COHME Home Care(Direct Message):

Thank you, Laura and team, for this.

10:30:51 From Lorese Phillips to Everyone:

Thank you! Wonderful to learn about your organization.

10:31:13 From Teresa Theophano (she/her), SPOP to Everyone:

Reacted to "Thank you! Wonderful..." with ❤️

10:31:16 From Michelle Arnot to Everyone:

Thank you to our presenters for so much valuable information

10:31:32 From Jocelyn Meinhardt to Everyone:

Yes, thank you both!!

10:31:45 From Marcie S. Gitlin/Search and Care to Everyone:

www.lifestorms.co for bereavement support

10:31:47 From Judy Ribnick (CBST - She/her) to Everyone:

Thank you, presenters, Laura and team, and for everyone’s input for this session.

10:31:53 From Teresa Theophano (she/her), SPOP to Everyone:

Great to see so many familiar faces and meet so many new folks! Take care, everyone.

10:31:56 From Annmarie Franco to Everyone:

Thank you. Very informative